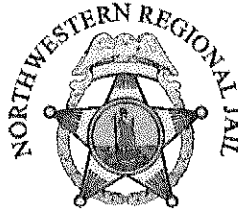


Northwestern Regional Adult Detention Center

Bruce R. Conover - Superintendent



141 Fort Collier Road, Winchester, VA 22603
(540) 665-6374 (540) 665-1615 FAX

May 12, 2009

To Whom It May Concern

Ref: MEDIKO, P.C.

We contracted with MEDIKO, P.C. to provide physician services at the Northwestern Regional Adult Detention Center on August 1, 2005. Originally designed to provide one medical doctor visit per week and a 24/7 telephone consultation service, we have since revised the contract to provide twice per week doctor visits and added a once per week tele-psychiatric service to our agreement. The purpose of this letter is to reflect upon MEDIKO's performance and to highlight the organization's most notable contributions during the period of our relationship.

The Northwestern Regional Adult Detention Center is a 824 bed, medium security correctional facility with an average daily inmate population during FY08 of 638 male and female inmates. The Detention Center's Medical Department consists of 11 nurses, two mental health professionals and two support personnel. Excluding salaries, our FY09 medical expenses exceeded \$1,090,000.

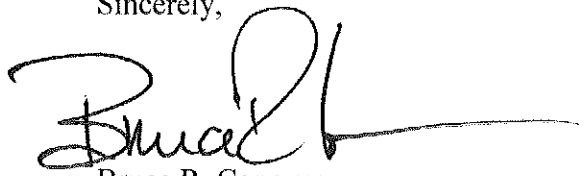
Our experience with MEDIKO, P.C. over the past four years has been totally positive. Highly motivated and appreciably cost-sensitive, its leadership and staff demonstrate a clear understanding of the correctional environment and the unique health care challenges presented. In the initial year of our contract with MEDIKO we experienced a significant reduction in overall medical costs and we continue to realize that savings today. With substantially fewer outside referrals and far less reliance upon non-formulary prescriptions, our only increase in cost has been that associated with inmate population growth.

The MEDIKO staff introduced several management and service initiatives which represent their interest in providing more than simply physician support. The MEDIKO management team initiated the first-ever dialogue with our supporting Regional Medical Center and resolved several longstanding issues which for years detracted from our efficiency. Their study of our Medical Department's internal operating procedures resulted in a variety of practice changes that eliminated redundancy and contributed to enhanced quality of care for our inmates. Solicited for alternatives to provide a more robust and less expensive means of psychiatric care

for the growing number of mental ill inmates, MEDIKO offered psychiatric care via video conferencing which not only eliminated the backlog of care we experienced using the traditional service format but also resulted in a drastic reduction in cost.

We remain exceptionally pleased with the quality of care and the management support MEDIKO, P.C. has provided. Free of litigation while operating at reduced cost levels, MEDIKO has been a good partner in providing quality healthcare at this facility.

Sincerely,

A handwritten signature in black ink, appearing to read "Bruce R. Conover". The signature is stylized with a large, looped initial "B" and a long horizontal stroke extending to the right.

Bruce R. Conover
Superintendent