



Virginia Peninsula Regional Jail

September 22, 2003

To whom it may concern:

In September of 1998, the Virginia Peninsula Regional Jail contracted, through MEDIKO, P.C., Dr. Kaveh Ofogh, as our Jail Physician. Dr. Ofogh is the founder and primary physician for MEDIKO. His background in emergency medicine and experience in the field of correctional medicine have contributed to his successful and professional delivery of medical care to our inmate population.

Dr. Ofogh has assisted the facility staff in developing and maintaining a comprehensive system of providing health care in a custodial environment without compromising the quality of care rendered. He has proven on many occasions his ability to administer care as quickly, and effectively as possible under varied circumstances. While providing health care that is cost-efficient to the facility he continues to search for other cost-saving measures, without compromising the quality of care.

Dr. Ofogh provides continuing education and in-service training monthly for the current nursing staff in many aspects of medicine. His participation in the personnel decision making for the medical staff has helped to ensure a high quality of medical care is maintained. His belief in a systematic and organized method of delivery for medical care has proven to be a great asset to the facility. Communication on the part of Dr. Ofogh in the form of formal reports, memorandums and informal meetings with medical and administrative staff have lead to a more efficient operation of the medical department.

Dr. Ofogh has created an atmosphere of trust and respect among the medical staff that has fostered the "team" approach to administering effective health care.

As the administrative supervisor of the medical department, it has been my pleasure to work with such a dedicated professional. He is not only a credit to the position of Physician, but an invaluable credit to this facility.

Respectfully,

Capt. Nancy Cludinski
Capt. Nancy Cludinski
Director of Support Services

Maj. Sheryl L. Castellaw
Major Sheryl L. Castellaw
Assistant Jail Administrator